Prayer for Union with Jesus

Come to me, Lord, and possess my soul. Come into my heart and permeate my soul. Help me to sit in silence with You and let You work in my heart.

I am Yours to possess. I am Yours to use. I want to be selfless and only exist in You. Help me to spoon out all that is me and be an empty vessel ready to be filled by You. Help me to die to myself and live only for You. Use me as You will. Let me never draw my attention back to myself. I only want to operate as You do, dwelling within me.

I am Yours, Lord. I want to have my life in You. I want to do the will of the Father. Give me the strength to put aside the world and let You operate my very being. Help me to act as You desire. Strengthen me against the distractions of the devil to take me from Your work.

When I worry, I have taken my focus off of You and placed it on myself. Help me not to give in to the promptings of others to change what in my heart You are making very clear to me. I worship You, I adore You and I love You. Come and dwell in me now.

Imprimatur: Most Rev. Carl K. Moedell, Vicar General and Auxiliary Bishop Archdiocese of Cincinnati

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